



ZEKESEVEN ADVENTURE

EVT 11861 1324/03

Freeland Bariloche

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1. Program

Duration 10 Days 9 Nights	Departures 2009 – 2010 Private departure from Buenos Aires from mid October to mid April.	Season October to April Austral spring and summer.
Groups From 2 to 12 people.	Rates - 2 p base: From 1600 USD. - 4 p base: From 1400 USD. - Zekeseven offers special pricing for group from 6 people, please consult us.	Physical and technical level Intermediate. No special technical level is required.

ITINERARY:

Day 1 (1 N 3-star hotel)

Morning arrival at Buenos Aires. Our guide will welcome you and transfer you to your downtown hotel.
Free afternoon

Day 2 (1N Lodge 3-star) (Meals included: B, D)

After breakfast, you will catch the 7:55 am flight to Bariloche, arriving 10:15 am. Our guide will welcome you and drive you to the lodge. City tour and discovery of the Nahuel Huapi National Park. Welcome drink and dinner.

Day 3 – 4 (1 night Camp) (1N Lodge 3-star) (Meals included: B, BL, D)

Full day rafting in the Rio Manso. class 3 to 4. With expert guides, box lunch and transfers.
1 night camping near the Rio Manso.
You will experience the next day 1 full day horse back riding in the Patagonian steppes.

Day 5 (1N Lodge 3-star) (B, BL, D)

1 full day trekking up in the mountains of the national park.

Day 6 - 7 (2N Camp) (B, BL, D)

3 DAYS CROSSING: HESS, FONK and ROCA LAKES

Departure from the hotel at 8 am Westwards to reach Hess Lake.

Hess Lake is located in the Nahuel Huapi National Park, at over 700 m above sea level. We board our kayaks to skirt its bright shores, full of bird species, rich native vegetation and trouts, up to tiny Fonk Lake.

This place is out-of-reach for ordinary travelers; we kayak around the lake back to our first camping site.

The following morning, after a delicious breakfast, we board and paddle through Fonk Lake. Dinner and night at the camp.

Day 8 (1N Hosteria Rucalafquen) (B,BL,D)

Early in the morning, we kayak to return through Quieto River up to Hess Lake and then towards Manso River to reach our last point: Roca Lake, where we find larch trees (alerces), an ancient species protected by the Nahuel Huapi National Park.

Return to San Carlos de Bariloche at 5/6 pm.

Day 9 (1N 3-star Hotel) (B, D)

Morning, optional outdoor activities: trekking, photo safari in the National Park, sightseeing, horse riding.

In the afternoon, transfer to the airport. You board the 4 pm flight for Buenos Aires.

Farewell dinner..

Day 10 (B)

Transfer to the Ezeiza International Airport.

End of services.

2. information



Other information:

Level

This adventure does not require any special physical level. Enjoying outdoor sports is what matters. Trekkings have a medium level. Swimming ability is compulsory. Not previous experiences with kayak are required.

Vessels

Double kayaks with rudder, imported from Canada. Very stable, easy to maneuver, and quite comfortable.

Spray skirt, paddle, waterproof jacket, PFD, as well as neoprene gloves are contemplated for every passenger. Our kayaks are basically watertight, although small amounts of water may enter through their hatches. For this reason, we should pack our gear in dry waterproof bags. We will provide nylon bags for your gear, as well as dry bags for your camera and other valuables.

Gears and clothes

We suggest taking suitable clothes for you are going to places in the mountains, warm but light sweaters and casual jackets which are effective to keep your body protected from rain and wind. 2 pairs of footwears, 1 light, 1 medium trekking, 1 back pack (40-45 l). All special gears for outdoors activities are provided.

Special comments, kayak expedition: Do not wear cotton wool clothes.

Water sneakers: We recommend carrying waterproof sneakers or water-resistant footwear, such as sandals or neoprene boots. Most of our guides use sandals during these outings.

Sunhat: A baseball cap or US Marine-type sunhat are ideal for these outings.

Woolen cap: A woolen or polartec cap always comes handy when temperature starts dropping.

Sunglasses & sunscreen: We are quite persistent on this: the sun in our region is quite tricky. The sunscreen used must be water repellent.

Medication: When carrying medication, please make sure that 1. you warn your guide on this and on the timetable for your medication; 2. you carry the name of the drug and its expiration date; 3. you carry the corresponding dose indications; 4. you pack it in waterproof bags; 5. you bring extra doses in a separate bag and leave this bag with your guide just in case you lose the one you carry.

Toilet paper: We provide a toilet bag, although you can bring your own toilet items.

Water bottles: We provide mineral water bottles. You can always bring cycling or Naigene bottles, which come quite handy.

Camera: Only in dry bags or boxes

Gloves: Only necessary during the cold seasons.

Refreshments: Coffee/tea and soft drinks will be available throughout the trip, while wine will accompany our dinners.

Camp footwear: One pair of sneakers or tennis shoes to use at the campsite.

Flashlights: Do not forget to bring batteries.

Personal items: Toothbrush, toothpaste, towel, hair brush, etc.

Sleeping bag: One synthetic bag is recommended. When uncertain as to the weather, or lacking the adequate sleeping bag, contact us or check the local outdoor gear stores.

Clothes:

Our clothes should be in accordance with the time of the year we choose for the outing, although always bearing in mind that the temperature may drop and it may rain during any season. The most practical way to regulate our body temperature and remain warm is by dressing in layers (in true "onion" style). We recommend

avoiding cotton garments, as these require a long period to dry, thus keeping us wet and making us feel cold. The ideal materials for the first layer, even when wet, are Lycra, polypropylene, nylon, and polyester. Synthetic material such as polartec provides an adequate second layer. Wool represents yet another alternative.

- Rain pants & thin waterproof jacket: Recommended for the unexpected rain.
- Windstopper: The rain jacket may also be used as windstopper
- Warm pants: 1 pair of polartec or other type of warm pants for the campsite. Jeans are not recommended.
- Pants: 1 pair of light pants, of the quick-drying type
- Sweaters: 2 warm polartec or synthetic sweaters.
- Long-sleeve shirts: 3 (non-cotton).
- T-shirts: 2 or 3.
- Shorts: 2, preferably of the quick-drying type.
- Socks: 2 pairs of warm socks, and 3 pairs of light socks for kayaking.

Climate

It is usually hot in Buenos Aires during the summer season (north hemisphere winter), i.e. from November to April (30-35° C during the day). The climate can be a little bit dry, but the country receives rainstorms from the Oceanside.

In Patagonia, around Bariloche, it is cooler, 18-20° C average in both November and April, to rise up to 22- 24° C in December, January and February.

Time

GMT -3.

Currency

The local currency is the peso. One euro is about 4 pesos and one USD is about 3 pesos. It is not necessary to travel with a lot of cash (pesos or dollars). Visa, MasterCard or American express are accepted every where.

Customs

To enter the country, only a passport is needed.

Health

nothing is compulsory concerning vaccination. Being vaccinate against Hepatitis B is recommended. We advise not drinking tap water.

Food

Argentina is well known for its wines, produced mostly in the province of Mendoza, near the Andes, and for its fabulous beef! Ask for a "bife de chorizo" or "lomo" and have it with a good red Malbec wine. In Patagonia, don't miss the Patagonian lamb barbecue, nor the trouts from the lakes nor the Pacific salmon.

If you are a vegetarian: no problem, Argentina is a great fruit and vegetable producer, so you will find quality and variety at very low prices.

3. Services



Included Services:

- All transfers airports/hotels (private).
- All transfers for activities describe below.
- Domestic flights (2).

Buenos Aires:

- 2 nights 3-star hotel with continental breakfast.
- Bilingual guide (English - Esp).

Bariloche :

- 4 nights half board Lodge 3-star (double base) (drinks not included).
- 1-day trekking with all meals included and Bilingual Mountain guide.
- 3-day/2-night CROSSING HESS, FONK, ROCA LAKES Kayaking, all included.
- 2days/1 night camping pack rafting "frontier" Rio Manso inferior with box lunch and expert guides and 1 day horse back riding.
- Bilingual guide (English - Esp).

Not included services:

- Meals not mentioned.
- Additional drinks.
- Tips.
- International flight.

Buenos Aires:

- Additional drinks.
- Discovery of Buenos Aires.
- Tips.

Bariloche:

- Last day Lunch.

Discovery of Buenos Aires :

- Lunch the first day in one of the best restaurants of Buenos Aires (drinks not included).
- City tour Buenos Aires (private).
- Dinner and tango show.
- + 100 Euros/p. 120 Usd/p.

4. Booking



To book this trip, please fill the **booking request form** (direct link) on Zekeseven website.

Terms of sale.

Prices

Prices are in Euros and pax. When booking, a deposit of 30% of the contract is required (100 % if booking less than 1 month before departure date). The prices can be modified without advance notice. The entire value of international and domestic air fares will be paid when booking.

Cancellations

Up to 60 days before the trip, all the money will be refunded, except administrative costs (100 US\$). As from 59 to 30 days before departure date: 60% of the contract value will be refunded. As from 29 to 15 days: 30%, and if cancelled less than 14 days before the trip no refunds will be granted. (Refund according to the cancellation policy of each Hotel)

Special terms for domestic and international flights: refund according to the cancellation policy of each airline company.

Booking

All the booking must be received by fax or mail in our Buenos Aires center. Each booking will be considered confirmed against a payment of 30 % of the contract and in that case, will be emitted a fax or mail to confirm the booking.

Taxes

All the taxes are included in the programs and services fitting the contract, excepted taxes at the Buenos Aires airport (nearly 18 Dollars) and taxes in some domestic airports in Argentina.

Modifications

Each confirmed booking modification depends on the availabilities and on the cancellation system.

Luggage

An extra cost for exceeding weight (international and domestic flights) will not be paid by Zekeseven Travel Agency.

Responsibilities

Zekeseven Travel Agency is not responsible for any flight delayed during both international and national flight and during transfers leading to any schedule changing.

Zekeseven Travel Agency is not responsible for any injury or physical problem during the travel and services provided.

Program modification

Zekeseven Travel Agency can change or modify the program for reasons or problems out of its control without advance notice (weather, delay in domestic and international flight, transfers.....).

Refund

Both outdoor activities and green fees will not be refunded in case of cancellation for bad weather.

Insurance / Assistance

Zekeseven advises to subscribe to a Travel Guard complementary insurance assistance.

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